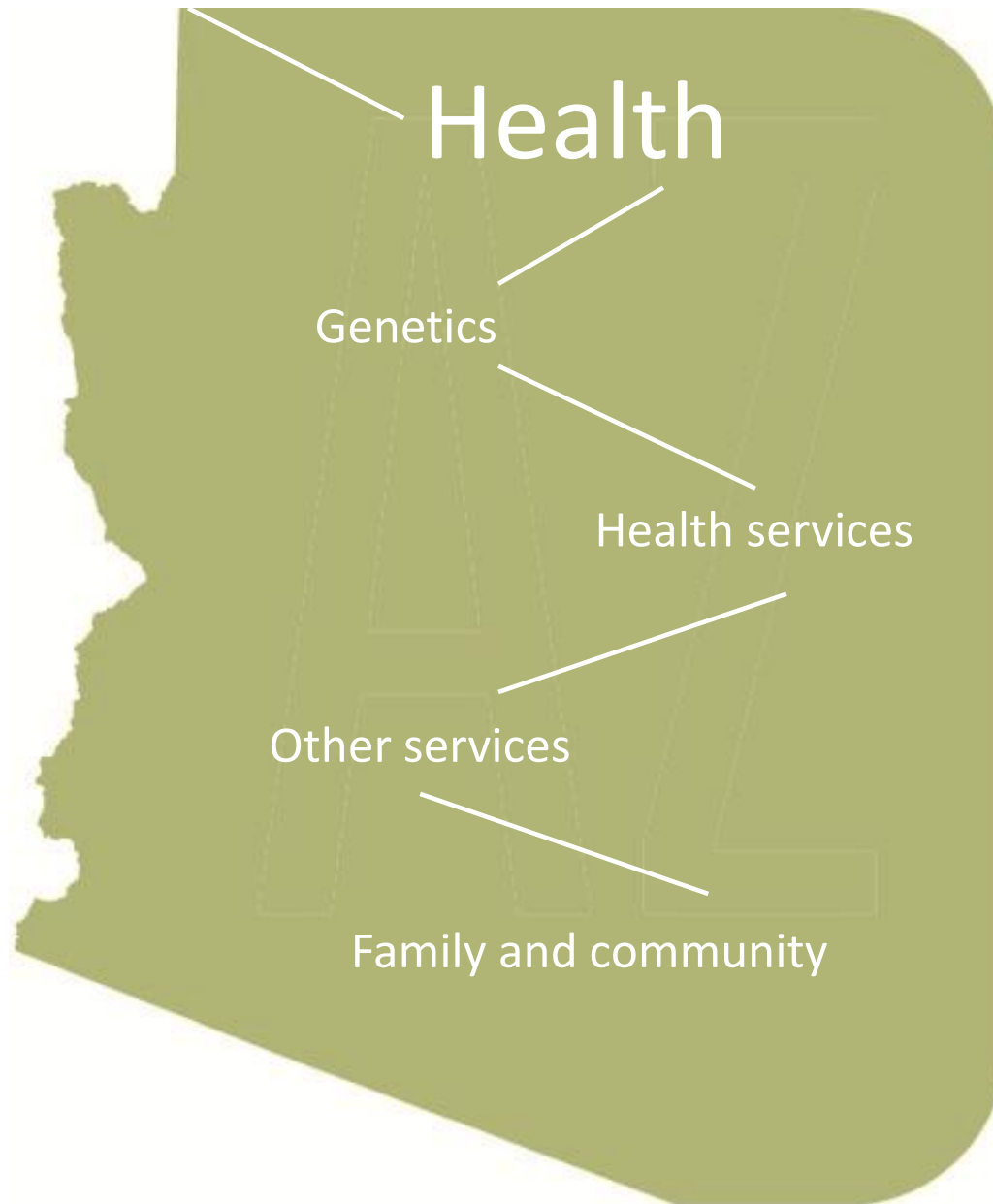




building**KNOWLEDGE** informing**POLICY**
improving**HEALTH**



Social Determinants

Economic security

Safety

Parental nurturing

Opportunities

The Arizona Health Survey

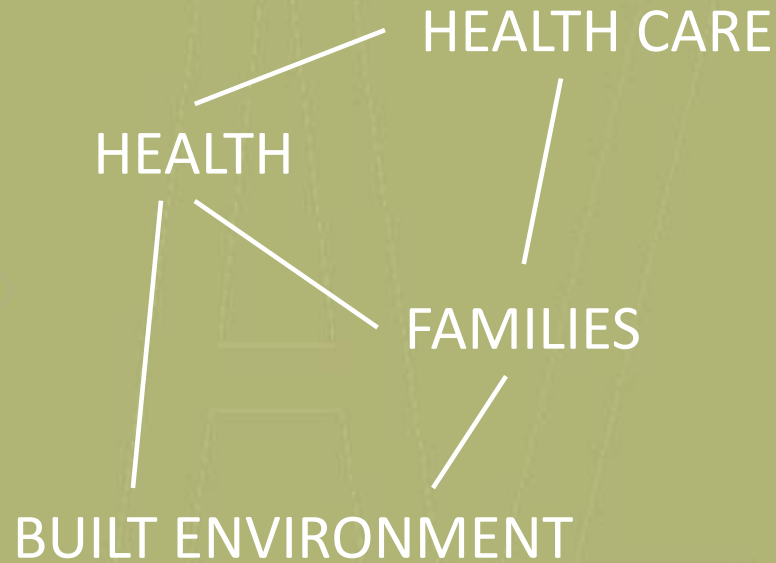
- Large Sample
 - 2010: 8,200 adults and 2,100 children 0-5
- Geographically Stratified

How it Was Done

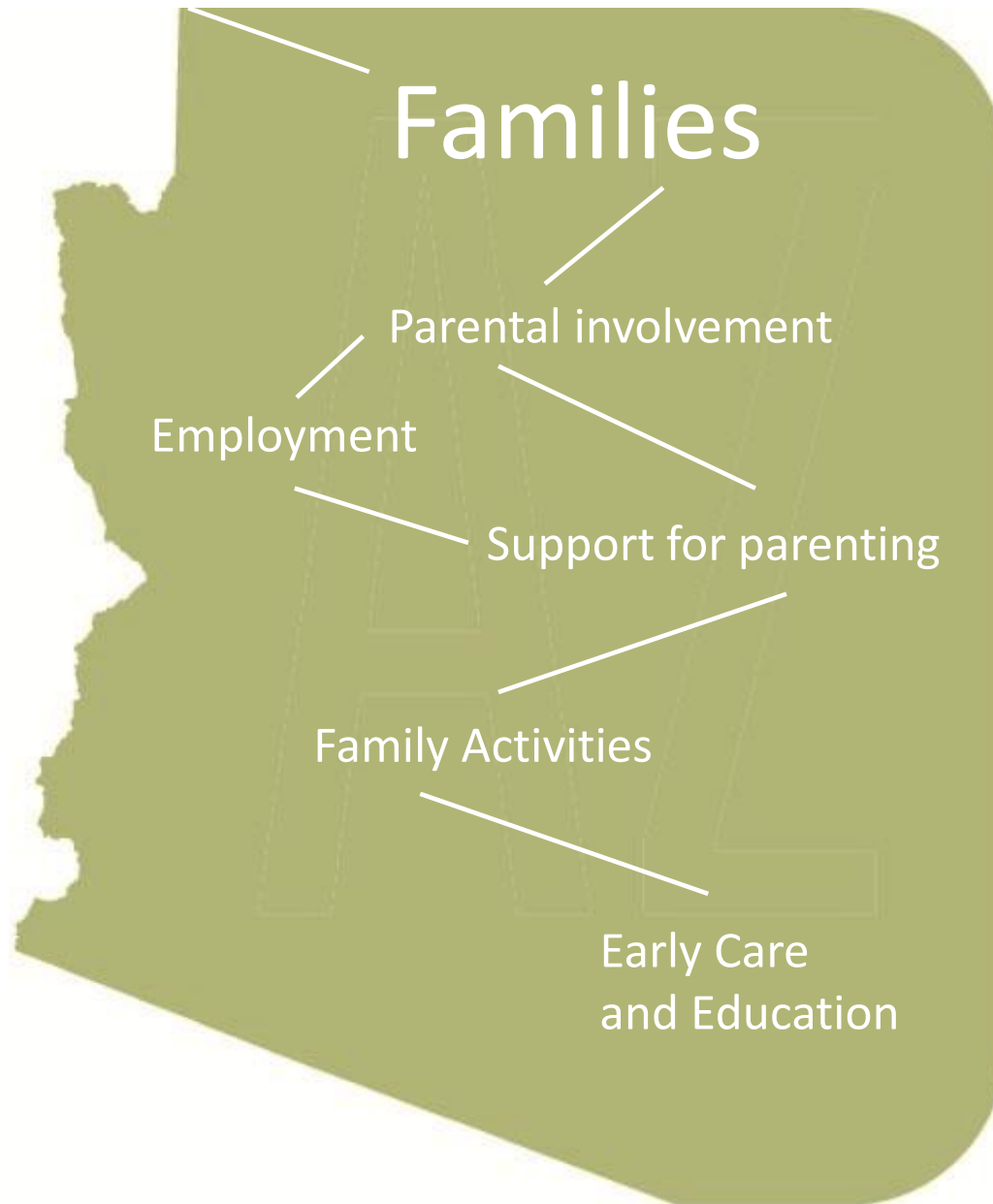


- RDD/CATI Survey Method
 - Supplemental oversampling
- Modeled on Existing Surveys
- Data Collection 2010
- Descriptive data publicly available
- Data files available by request

What's Inside







FINDINGS

HEALTH STATUS

- GOOD NEWS – 79.2% OF PARENTS REPORT THAT THEIR CHILD WAS IN EXCELLENT OR VERY GOOD HEALTH
- LESS GOOD NEWS – NOT CONSISTENT

HEALTH STATUS

- FAMILY INCOME MATTERS
 - ABOVE 200% OF POVERTY 90.4% HEALTHY
 - BELOW 200% OF POVERTY 71.4% HEALTHY
- RACE MATTERS
 - WHITE 90.4% HEALTHY
 - NATIVE AMERICAN 77.6% HEALTHY
 - BLACK 74.2% HEALTHY
 - HISPANIC 66.9% HEALTHY

HEALTH STATUS

- COVERAGE MATTERS
 - PRIVATE INSURANCE 88.8% HEALTHY
 - NO COVERAGE 70.6% HEALTHY
 - PUBLIC COVERAGE 69.9% HEALTHY

CHRONIC CONDITIONS

- ASTHMA 7.1%
- HIGHEST IN THE THREE MOST RURAL REGIONS AND AMONG NATIVE AMERICANS (18% COMPARED TO 5.1% OF WHITES AND 8.8% HISPANICS)

HEALTH COVERAGE

- 12.2% OF YOUNG CHILDREN DID NOT HAVE INSURANCE
- HALF OF CHILDREN ELIGIBLE FOR AHCCCS WERE NOT ENROLLED BECAUSE PARENTS DIDN'T THINK THEY WERE ELIGIBLE
- 9% DIDN'T KNOW ABOUT THE PROGRAM

HEALTH SERVICES

- 5.4 % OF PARENTS DELAYED GETTING THEIR CHILD NEEDED CARE
- 79.8% OF FAMILIES REPORTED HAVING A DOCTOR

DEVELOPMENTAL CONCERNS

- 19.6% OF PARENTS HAD CONCERNS ABOUT THEIR CHILD'S BEHAVIOR
- 13.8% HAD CONCERNS ABOUT WHAT THEIR CHILD CAN DO COMPARED TO OTHERS
- 13.6% WERE REFERRED FOR EVALUATION

NUTRITION

- 72.3% HAD ONE OR MORE GLASSES OF JUICE
- 6% HAD NO FRUIT
- 14% HAD NO VEGETABLES
- 23% HAD LESS THAN 2 SERVINGS OF MILK
- ALMOST 20% HAD ONE OR MORE SODAS
- 59% HAD ONE OR MORE SERVINGS OF SWEETS
- 61% HAD A FAST FOOD MEAL IN THE PAST WEEK

PHYSICAL ACTIVITY

- 48% WERE ACTIVE 60 MINUTES A DAY
- 86% WENT TO A PARK AT LEAST ONCE A MONTH
- 43% WENT TO A LIBRARY.

PHYSICAL ACTIVITY

- GENDER DOESN'T MATTER
- AGE MATTERS
 - 69 % OF 2-3 YEAR OLDS WERE ACTIVE
 - 64% OF 4-5 YEAR OLDS WERE ACTIVE
- INCOME MATTERS
 - ABOUT HALF WITH INCOMES OF \$50,000 +
 - 30% WITH INCOMES BETWEEN \$20,000-\$30,000

PHYSICAL ACTIVITY

- PLACE MATTERS
 - GOOD TO LIVE IN MOHAVE, COCONINO, NAVAJO, APACHE OR YAVAPAI COUNTIES (55%)
 - PIMA LEAST ACTIVE (39%)
- ETHNICITY MATTERS
 - ASIANS THE MOST ACTIVE (52%), NATIVE AMERICANS THE LEAST (37%)

CHILD CARE

- 57% OF WORKING PARENTS REPORTED NOT HAVING A REGULAR SOURCE OF CARE FOR THEIR CHILD.
- 8.8% OF WORKING PARENTS AND 11.8% OF PARENTS LOOKING FOR WORK COULD NOT FIND CHILDCARE WHEN NEEDED.
- 20% REPORTED HAVING TO REDUCE HOURS OR QUIT WORK BECAUSE OF LACK OF CHILD CARE ARRANGEMENTS

READING, MUSIC, ETC

- 65% OF PARENTS READ TO THEIR CHILD DAILY
- 71% PLAY MUSIC OR SING

More Information

The Healthy Development of
Arizona's Youngest Children

Healthy Eating and active
Living of Adults and Children

www.arizonahealthsurvey.org

